

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/17/24

PATIENT: COOK, ALEXANDRA **DOB:** 07/17/1995 **Gender:** FEMALE **MRN:** 5555 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough

HISTORY OF PRESENT ILLNESS: Pt is a 29 YOF who comes to clinic with c/o cough, clear drainage, runny nose, nasal congestion, and sore throat. She reports being "allergic to the woods." Her symptoms started on Tuesday.

VITALS: BP: 140/86 **Pulse:** 98; **Temp:** 98.7; **Resp:** 16; **Wt:** 65 lbs.; **Pulse Oximetry:** 99%; **FDLMP:** 09/30/24

ALLERGIES: Morphine (product) (Anaphylaxis); Sulfa (Sulfonamide Antibiotics) (Anaphylaxis)

MEDICATIONS:

Singulair 10 mg tablet (1 tablet PO QHS)

PAST MEDICAL HISTORY: seasonal allergies, PCOS

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works in admissions. Denies smoking, drinking, or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA Rapid Test (1 unit(s)): In-House Lab

COVID Rapid Testing (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Positive

Comment: A

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

J00 - ACUTE NASOPHARYNGITIS [COMMON COLD]

J11.1 - Influenza due to unidentified influenza virus with other respiratory manifestations

PLAN:

Flu a positive, advised to use OTC meds as needed for s/s. No work if fever for at least 24 hours. Return if s/s worsen.

Electronically signed by Maranda Fain, CRNP on 10/17/24 2:23 PM