

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/23/24

PATIENT: D'ELIA, ASHLEY **DOB:** 05/04/1984 **Gender:** FEMALE **MRN:** 5556 **AGE:** 40 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Allergic reaction

HISTORY OF PRESENT ILLNESS: Mrs. D'Elia is a 40 yo female here today for allergic reaction to B12 injection she was given this morning. She has been taking it once a month for a few months for B12 deficiency. She states within 15 min of getting her injection, she broke out in hives, her hands and feet were itching, and she feels like it is hard to swallow. She denies chest tightness, shortness of breath, or difficulty breathing.

VITALS: BP: 134/83 **Pulse:** 77; **Temp:** 98.2; **Resp:** 18; **Ht:** 63 in.; **Wt:** 140 lbs.; **BMI:** 24.79; **Pulse Oximetry:** 99%

ALLERGIES: cyanocobalamin (vitamin B12) ((Urticaria NOS) or (hives)); naproxen

MEDICATIONS:

Prozac 20 mg capsule (daily)
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution (monthly)
multivitamin tablet (daily)

PAST MEDICAL HISTORY: anxiety, B12 deficiency, Vit D deficiency, left sciatica

PAST SURGICAL HISTORY: partial hysterectomy, tonsillectomy, salpingectomy

SOCIAL HISTORY: faculty; denies tobacco and illicit drug use- occasional alcohol use

FAMILY HISTORY: Mom- CHF diagnosed in her 30s. Father- CHF requiring AICD- Diagnosed at 62.

HEALTH MX HISTORY:

OBGYN is Dr. Logan- last pap was October 2023 and was normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. Erythematous, lacy macular rash to bilateral upper extremities, lower extremities, and chest with a few hives as well.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

T78.40XA - ALLERGY, UNSPECIFIED, INITIAL ENCOUNTER (PRIMARY)
L50.8 - OTHER URTICARIA

PLAN:

Given steroid injection, benadryl, and pepcid in office. She was monitored. Her symptoms began to improve. She works upstairs. She went to her office and returned around 10:45 am and her symptoms had completely resolved. Recommended otc benadryl at night for the next 5 days and otc pepcid BID for 5 days. Will send in steroid dose pack. D/c any further B12 injections. Follow up as needed.

Benadryl Allergy 25 mg tablet
Refills: 0 Qty: 2 TABLET(S)
Instructions: Take 2 tablets PO once (Dispensed)

Pepcid 20 mg tablet
Refills: 0 Qty: 2 TABLET(S)
Instructions: 2 tablets PO once (Dispensed)

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 UNIT(S)
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Electronically signed by Lindsey Barton, CRNP on 10/23/24 11:00 AM

L. Barton, DNP, CRNP

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