

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/11/21

PATIENT: BUCHANAN GURI, PEYTON **DOB:** 04/11/1995 **Gender:** FEMALE **MRN:** S00141091 **AGE:** 26 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore/itchy throat, headache, feeling feverish, cough

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of sore/itchy throat, headache, feeling feverish, clear runny nose, and cough present since last Saturday. Patient denies loss of taste/smell, shortness of breath, and N/V. Patient is fully vaccinated for COVID but states she was exposed to someone who tested positive last week. She has been taking otc zyrtec with some relief.

VITALS: BP: 140/101 **Position:** SITTING **Pulse:** 95; **Temp:** 99.4; **Resp:** 17; **Ht:** 66 in.; **Wt:** 201.7 lbs.; **BMI:** 32.55; **Pulse Oximetry:** 98%; **FDLMP:** 07/28/21

ALLERGIES: Penicillins; amoxicillin

MEDICATIONS:

Adderall 10 mg tablet (1 tablet PO once daily)
Nikki (28) 3 mg-0.02 mg tablet (1 tablet daily)
nortriptyline 10 mg capsule (2 TABS PO QHS for migraines)

PAST MEDICAL HISTORY: ADHD, migraines

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use

FAMILY HISTORY: Denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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Years

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R05 - COUGH
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Patient to monitor BP at home and record readings on a BP log. Patient to follow up in 1 week with BP log.

Rx as per below. Notify office if no improvement or worsening symptoms.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6-8 HOURS as needed for cough and congestion.

Electronically signed by Lindsey Barton, CRNP on 08/11/21 5:01 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.