

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/18/20

PATIENT: BUCHANAN GURI, PEYTON **DOB:** 04/11/1995 **Gender:** FEMALE **MRN:** S00141091 **AGE:** 25 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Fever, chills, sinus problems

HISTORY OF PRESENT ILLNESS: Ms. Buchanan presents today for a sick visit. She reports on Monday she started having symptoms of a migraine, sinus pressure, chest tightness, body aches, fatigue and cough. She started taking a migraine prophylactic three weeks ago and has been without one since starting that until this past Monday, she does note the headache pain is different than her migraine pain. She states she is having sinus pressure that is behind and under her eyes that wraps around the base of her head. She describes this as a constant ache and rates it a 7/10. She is also c/o an intermittent productive cough that is producing thick creamy colored sputum associated with sore throat.

VITALS: BP: 126/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 97; **Resp:** 16; **Ht:** 66.1 in.; **Wt:** 206.1 lbs.; **BMI:** 33.16; **Pulse Oximetry:** 99%; **FDLMP:** 10/20/20

ALLERGIES: Penicillins; amoxicillin

MEDICATIONS:

nortriptyline 10 mg capsule (2 tabs bid)

PAST MEDICAL HISTORY: ADHD, migraines

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use

FAMILY HISTORY: Denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for nausea, vomiting, dizziness, infertility, & malaise. Positive for fever, chills and fatigue.

HEENT: All negative for runny nose, earache, bleeding gums, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea. Positive for sore throat, cough, congestion, sinus pain and dysphagia.

EYES: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for hemoptosis, orthopnea, shortness of breath, and wheeze. Positive for cough and sputum production.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins. Positive for generalized body aches.

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NEUROLOGIC: All negative for difficulty with vision, numbness in hands and feet, hot flashes, and night sweats. Positive for headaches.

BREAST: All negative for discharge or mass.

PELVIC: All negative for vaginal discharge, abnormal periods, painful sex, vaginal masses, leaking urine, pain, hemorrhoids, abnormal bleeding, itching, odor, and cramps.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: Mild distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Positive for maxillary and frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Solumedrol 125mg/2ml (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

Solumedrol 125mg/2ml:
Site Given: Left Ventragluteal
Dosage Given: 1 unit(s)
Administered By: Barton, Lindsey - CRNP

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Years

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED
R50.9 - FEVER, UNSPECIFIED

PLAN:

Send out PCR COVID test to CORE with URI panel. Follow up with results.

Alahist PE 2 mg-7.5 mg tablet

Refills: 1 Qty: 15 TABLET(S)

Instructions: 1 tablet every 6 hrs as needed for congestion

Electronically signed by Lindsey Barton, CRNP on 11/20/20 5:05 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.