

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/07/25

PATIENT: HAMPTON, AR'SHUNDRA **DOB:** 11/24/1991 **Gender:** FEMALE **MRN:** 5567 **AGE:** 33 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: dry cough, fatigue, sinus drainage, sore throat, and shortness of breath since last Wednesday

HISTORY OF PRESENT ILLNESS: Ms. Hampton is a 33 yo female here today for dry cough, fatigue, sinus drainage (clear), congestion, and sore throat since last Wednesday. Denies fever. She has tried otc mucinex and claritin with little relief.

VITALS: BP: 115/66 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 97.7; **Resp:** 16; **Ht:** 69 in.; **Wt:** 134.8 lbs.;
BMI: 19.9; **Pulse Oximetry:** 98%; **FDLMP:** 04/10/25

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

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THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

ASSESSMENT:

J30.2 - OTHER SEASONAL ALLERGIC RHINITIS (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R09.81 - NASAL CONGESTION

PLAN:

Will treat symptoms. Given steroid injection in office. Continue otc antihistamine such as claritin, xyzal, or zyrtec.
Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 05/07/25 1:15 PM

L. Barton, DNP, CRNP