

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/24/23

PATIENT: BELEW TRAMMELL, MOLLY **DOB:** 09/05/1996 **Gender:** FEMALE **MRN:** S00295577 **AGE:** 26 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

HISTORY OF PRESENT ILLNESS: Ms. Belew presents to the clinic with complaints of nasal congestion, cough, PND, sore throat, headache x 3 days. She has tried OT dayquil with some relief.

VITALS: BP: 148/96 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 130; **Temp:** 98.7; **Resp:** 16; **Ht:** 65 in.; **Wt:** 228.7 lbs.; **BMI:** 38.05; **Pulse Oximetry:** 98%; **FDLMP:** 04/17/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Zoloft 50 mg tablet
intrauterine device (IUD)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking or illicit drug use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS
R05.9 - COUGH, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
R09.81 - NASAL CONGESTION

PLAN:

COVID quarantine and guidelines discussed with patient. OTC treatment for any presenting symptoms discussed with patient as well as circumstances in which patient may RTC for re check. Patient verbalized understanding. Patient is aware to not take dayquil if taking Bromfed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 280 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS AS NEEDED FOR COUGH/CONGESTION. DO NOT EXCEED 40 ML/DAY

Electronically signed by Robin Blackwell, CRNP on 04/24/23 11:45 AM

Robin Blackwell CNP