

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/22/23

PATIENT: BELEW TRAMMELL, MOLLY **DOB:** 09/05/1996 **Gender:** FEMALE **MRN:** S00295577 **AGE:** 26 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Dizziness

HISTORY OF PRESENT ILLNESS: Ms. Trammell presents to the clinic with complaints of dizziness when she is laughing or when she gets excited x a couple of years. She also complains of mild increased thirst recently. She is concerned about having diabetes. Her maternal and paternal grandparents have Type II DM.

COMPLAINT 2: Blood Pressure

HISTORY OF PRESENT ILLNESS: Patient is interested in resuming Lisinopril 10 mg daily. She was started on this medication by her PCP Dr. Chamnong and she discontinued in November 2022 after Dr. Chamnong gave her the option to discontinue since she was borderline Hypertensive.

VITALS: BP: 147/96 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 97; **Temp:** 97.2; **Resp:** 17; **Ht:** 65 in.; **Wt:** 230.7 lbs.;
BMI: 38.39; **Pulse Oximetry:** 99%; **FDLMP:** 08/01/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Zoloft 50 mg tablet
intrauterine device (IUD)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking or illicit drug use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/22/23

PATIENT: BELEW TRAMMELL, MOLLY **DOB:** 09/05/1996 **Gender:** FEMALE **MRN:** S00295577 **AGE:** 26
Years

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
Random Blood Sugar (1 unit(s)): Office Procedure

RESULTS:

Random Blood Sugar:
Value: 111

ASSESSMENT:

I10 - ESSENTIAL (PRIMARY) HYPERTENSION (PRIMARY)
R63.1 - POLYDIPSIA
R42 - DIZZINESS AND GIDDINESS

PLAN:

Pending CBC, CMP and A1C. Will refill patients Lisinopril and follow up in two weeks for re check. BP log handed to patient with instructions. Recommended purchasing BP monitor to take her BP at home. She may return to clinic for BP checks as well.

lisinopril 10 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY

Electronically signed by Robin Blackwell, CRNP on 08/22/23 4:21 PM

Robin Blackwell CNP