

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 03/01/19

PATIENT: BRASINGTON, AMANDA **DOB:** 03/23/1985 **Gender:** FEMALE **MRN:** 559 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Body aches

Symptoms: Patient reports chills, body aches, and congestion.

Duration: 1 day

Other: Sick contacts reported.

VITALS: BP: 121/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 104; **Temp:** 99.9

ALLERGIES: Amoxil

MEDICATIONS:

Mirena 20 mcg/24 hr (5 years) intrauterine device

cephalexin 500 mg capsule (TAKE 1 CAPSULE (500 MG) BY ORAL ROUTE EVERY 12 HOURS)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Chills, nausea Patient denies: Fever,

ENMT: Patient is positive for: congestion, sinus pain, Patient denies: cough, sore throat,

GASTROINTESTINAL: Patient denies: diarrhea,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat with mild erythema without pustules; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

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J11.1 - FLU DUE TO UNIDENT FLU VIRUS W OTH RESP MANIFEST (PRIMARY)

J06.9 - Acute upper respiratory infection, unspecified

PLAN:

oseltamivir 75 mg capsule

Refills: 0 Qty: 10 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (75 MG) BY ORAL ROUTE EVERY 12 HOURS

URI information sheet provided to patient.

RTC for worsening or unresolving symptoms.

Excuse

Electronically signed by Melodye Harvey, CRNP on 03/01/19 2:38 PM