

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/09/22

PATIENT: BRASINGTON, AMANDA **DOB:** 03/23/1985 **Gender:** FEMALE **MRN:** 559 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: rash

HISTORY OF PRESENT ILLNESS: Mrs. Brasington is a 37 yo female here today for a rash to the left side of her chest and left arm. Started on Saturday. Associated with burning and itching. She has tried otc steroid cream as she thought it initially was bug bites but then it got worse and became painful. She has a history of shingles in the past on the right side of her forehead when she was in her 20s with similar symptoms as now.

VITALS: BP: 117/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 85; **Temp:** 97.9; **Resp:** 16; **Ht:** 66 in.; **Wt:** 180 lbs.;
BMI: 29.05; **Pulse Oximetry:** 98%

ALLERGIES: Amoxil

MEDICATIONS:

Mirena 20 mcg/24 hours (7 yrs) 52 mg intrauterine device

PAST MEDICAL HISTORY: shingles in her 20s.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works on campus. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. Erythematous, small, vesicular lesions in clusters to anterior left side of chest that does not cross the midline and posterior upper left arm.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Solumedrol 125mg/2ml (1 unit(s)): Injection

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

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RESULTS:

Solumedrol 125mg/2ml:
Site Given: Left Ventral Gluteal
Dosage Given: 125 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

B02.9 - ZOSTER WITHOUT COMPLICATIONS (PRIMARY)

PLAN:

Rx as per below. Follow up as needed.

valacyclovir 1 gram tablet
Refills: 0 Qty: 21 TABLET(S)
Instructions: TAKE 1 TABLET (1,000 MG) BY ORAL ROUTE EVERY 8 hrs for 7 days

ketorolac 10 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE EVERY 6 HOURS AS NEEDED FOR pain

Electronically signed by Lindsey Barton, CRNP on 06/09/22 11:37 AM



J. Barton, CRNP