

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/28/22

PATIENT: BRASINGTON, AMANDA **DOB:** 03/23/1985 **Gender:** FEMALE **MRN:** 559 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Upper Respiratory symptoms

HISTORY OF PRESENT ILLNESS: Patient presents to the clinic with complaints of right sided sinus congestion with pressure, dry cough, right ear pain, legs are achy x 1 week. Patient denies fever

VITALS: BP: 131/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 97.9; **Resp:** 16; **Ht:** 66 in.; **Wt:** 190.4 lbs.;
BMI: 30.73; **Pulse Oximetry:** 97%

ALLERGIES: Amoxil

MEDICATIONS:

Mirena 20 mcg/24 hours (8 yrs) 52 mg intrauterine device

PAST MEDICAL HISTORY: shingles in her 20s.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works on campus. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Denies

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Right sided Maxillary tenderness noted no frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

INFLUENZA:

Value: Negative

COVID Rapid Testing:

Value: Negative

Dexamethasone 4mg/ml:

Site Given: Right Vastus Lateralis

Dosage Given: 4 milligram(s)

Administered By: Blackwell, Robin - CRNP

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)

R05.9 - COUGH, UNSPECIFIED

J01.90 - Acute sinusitis, unspecified

H92.01 - Otagia, right ear

PLAN:

Take RX as directed.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

benzonatate 200 mg capsule

Refills: 0 Qty: 21 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Electronically signed by Robin Blackwell, CRNP on 10/28/22 11:41 AM

Robin Blackwell CNP