

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/06/19

PATIENT: BRASINGTON, AMANDA **DOB:** 03/23/1985 **Gender:** FEMALE **MRN:** 559 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Has had symptoms for about a week and was getting better with Mucinex, but over the last 3-4 days has developed pressure on (R) side of face and ear. +cough, drainage. +HA and particularly on (R) side.

Duration: 7 days

ModFact: Improved with Medication--Mucinex and Sudafed

VITALS: BP: 115/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 80; **Temp:** 98.3

ALLERGIES: Amoxil

MEDICATIONS:

Mirena 20 mcg/24 hours (5 yrs) 52 mg intrauterine device

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills,

ENMT: Patient is positive for: cough, congestion, earache, sinus pain; Patient denies: sore throat,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Airways patent; No cyanosis of lips or mucosa; Membranes moist; Gums pink; Tongue and uvula midline; Good Dentation;

EARS: TMs intact; Right TM reflection dull; Right TM Serous Fluid; Hearing Normal; External Auditory Canal clear; Pinna Normal;

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Right Frontal Sinus Tenderness; Right Maxillary Sinus Tenderness;

THROAT: Throat clear; Posterior Nasal Drainage; No Tonsillar Hypertrophy; No exudates;

NECK: Neck Supple; Full Range of Motion; No Lymphadenopathy;

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales; Breath Sounds Symmetric;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

H65.01 - ACUTE SEROUS OTITIS MEDIA, RIGHT EAR

PLAN:

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benzonatate 100 mg capsule

Refills: 0 Qty: 30 CAPSULE(S)

Instructions: TAKE 1-2 CAPSULES (100 MG-200 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED

cefdinir 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

AUM Instruction Sheet Handout

SoluMedrol 40 mg IM x 1 dose now.

RTC in 2 weeks to recheck ear OR sooner if needed.

Electronically signed by Melodye Harvey, CRNP on 11/06/19 11:23 AM