

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/17/22

PATIENT: TOMBLIN, DEBRA **DOB:** 07/16/1957 **Gender:** FEMALE **MRN:** 55 **AGE:** 64 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sores in mouth

HISTORY OF PRESENT ILLNESS: Pt is a 64 YOF who comes in with c/o soreness to her upper mouth, tongue, and inside mouth. She has history of cold sores. Tx with Valtrex. She reports a burning feeling on her tongue.

VITALS: BP: 148/87 **Pulse:** 78; **Temp:** 97.9; **Resp:** 16; **Ht:** 72 in.; **Wt:** 160 lbs.; **BMI:** 21.7; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Valtrex 500 mg tablet
Viibryd 20 mg tablet (1 tablet PO daily)
Xyzal 5 mg tablet

PAST MEDICAL HISTORY: ADHD, depression; idiopathic angioedema; H. pylori in 11/2020. Fibromyalgia. Cold sores.

PAST SURGICAL HISTORY: Right hip replacement; Broke leg in April s/p repair.

SOCIAL HISTORY: Married. Employee at AUM.

FAMILY HISTORY: Unknown

HEALTH MX HISTORY: Colonoscopy- 2010; pap smear 2020

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Nose- septum- midline; Throat- pink without exudates. Ulcer to right inside cheek, roof of mouth, tongue.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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Immunization Injection Administration (1 unit(s)): Injection
COVID-19, mRNA, LNP-S, PF (1 unit(s)): Immunizations

RESULTS:

COVID-19, mRNA, LNP-S, PF:
Site Given: Left Deltoid
Dosage Given: 0.3 milliliter(s)
Administered By: Fain, Maranda - CRNP

ASSESSMENT:

Z23 - ENCOUNTER FOR IMMUNIZATION (PRIMARY)
B00.1 - Herpesviral vesicular dermatitis

PLAN:

Pt advised to take Valtrex 1 tablet twice daily for the next 7 days for complete symptomatic relief. She has the prescription at home and verbalized understanding. Return if not better. Requests COVID booster vaccine. Tolerated well.

Electronically signed by Maranda Fain, CRNP on 05/17/22 1:20 PM

Handwritten signature of M. Fain, CRNP in cursive script.