

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/17/24

PATIENT: TOMBLIN, DEBRA **DOB:** 07/16/1957 **Gender:** FEMALE **MRN:** 55 **AGE:** 67 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Nausea and vomiting on and off x 1month

HISTORY OF PRESENT ILLNESS: Mrs. Tomblin is a 67 yo female here today for nausea and vomiting intermittently for the past 1 month. She states she mentioned it to her PCP back at her visit in May and she prescribed zofran for her to take as needed. She also reports that she typically has some nausea and vomiting in general here and there anyways that she contributes to some of her meds. But she states it is becoming more frequent and she is having to take zofran most days of the week. She denies abdominal pain other than occasional cramping. She has intermittent constipation, but denies fever, diarrhea, or urinary symptoms.

She has a history of H. pylori in 2020 with similar symptoms. She reports she has been taking pepcid daily with her last dose this am.

VITALS: BP: 117/72 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 75; **Temp:** 98.5; **Resp:** 18; **Ht:** 72 in.; **Wt:** 158.6 lbs.;
BMI: 21.5; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Pepcid 20 mg tablet (1 tablet PO BID)
Valtrex 500 mg tablet
Xolair 150 mg subcutaneous solution (once weekly)
Xyzal 5 mg tablet

PAST MEDICAL HISTORY: ADHD, depression; idiopathic angioedema; H. pylori in 11/2020. Fibromyalgia. Cold sores. Mastocytosis

PAST SURGICAL HISTORY: Right hip replacement x 3; Broke leg in April s/p repair. Transesophageal echo

SOCIAL HISTORY: Married. Employee at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Unknown

HEALTH MX HISTORY: Colonoscopy- 2010; pap smear 2020

PCP/OB/GYN: Dr. Rebecca Miller

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No

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peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
AMYLASE (QUEST) (1 unit(s)): Quest Diagnostics
LIPASE (QUEST) (1 unit(s)): Quest Diagnostics
CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

UA:
 Appearance: cloudy
 Color: dark amber
 Glucose: Negative
 Bill: Positive
 Ketones: Positive
 Sp: 1.010
 Blood: Positive
 pH: 6
 Protein: Positive
 Urobilinogen: Positive
 Nitrites: Positive
 Leukocytes: Positive
 CS: Yes
 Comments: Leuks- 500, Pro- 30, Nitrites pos, Ket- 15, UBG-4, Bil-1, Bld- 50

ASSESSMENT:

R11.2 - Nausea with vomiting, unspecified (PRIMARY).
N39.0 - Urinary tract infection, site not specified.
E78.5 - Hyperlipidemia, unspecified.

PLAN:

Follow up with lab results. She has a UTI. Will treat with antibiotics. If this doesn't correct her N/V, then stop the pepcid for 48 hrs and check UBIT. She verbalized understanding.

Macrobid 100 mg capsule

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Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD FOR UTI

Electronically signed by Lindsey Barton, CRNP on 07/17/24 9:37 AM

L. Barton, DNP, CRNP