

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 08/17/17

PATIENT: TOMBLIN, DEBRA **DOB:** 07/16/1957 **Gender:** **MRN:** 55 **AGE:** 60 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Fatigue, overwhelming. Denies sore throat, fever.

Symptoms: Fatigue to the point that she feels like she can't pick up arms. Has history of mono in the past.

Duration: Since yesterday

ModFact: Used to come down with mono frequently.

VITALS: BP: 135/90 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 97.4

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Cymbalta 30 mg capsule, delayed release (once a day)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Constitutional Fatigue. Aching in back, shoulders and hips.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera slightly red.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, slight lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ORDERS:

STREP A (1 unit(s)): In-House Lab

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

EPSTEIN-BARR VIRUS ANTIBODY PANEL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

R53.83 - OTHER FATIGUE

PLAN:

Follow up PRN also if condition worsens or not improved

Electronically signed by Carol Stewart, NP on 08/17/17 3:46 PM

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