

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/04/20

PATIENT: TOMBLIN, DEBRA **DOB:** 07/16/1957 **Gender:** FEMALE **MRN:** 55 **AGE:** 63 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Nausea and low-grade fever

Symptoms: Started on Friday with a low-grade fever, chills, cold sweats and nausea. She has intolerance to food smells. Associated with intermittent lower abdominal cramping. No pain presently. Mid back pain. Diarrhea on 2 occasions on Friday but none since. Nausea is worse at night and after eating. Denies urinary symptoms, chest pain, SOB, or fever.

VITALS: BP: 117/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 97; **Resp:** 14; **Ht:** 72 in.; **Wt:** 155.2 lbs.;
BMI: 21.04; **Pulse Oximetry:** 96%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Adderall 20 mg tablet (1 tablet PO daily)
Viibryd 20 mg tablet (1 tablet PO daily)
Xyzal 5 mg tablet
aspirin 325 mg tablet

PAST MEDICAL HISTORY: ADHD, depression

PAST SURGICAL HISTORY: Right hip replacement

SOCIAL HISTORY: Married. Employee at AUM.

FAMILY HISTORY: Unknown

HEALTH MX HISTORY: Colonoscopy- 2010; pap smear 2020

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
AMYLASE (QUEST) (1 unit(s)): Quest Diagnostics
LIPASE (QUEST) (1 unit(s)): Quest Diagnostics
CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics
H. PYLORI UREA BREATH TEST (QUEST) (1 unit(s)): Quest Diagnostics
INFLUENZA (1 unit(s)): In-House Lab
BLOOD DRAW (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (PRIMARY)
R50.9 - FEVER, UNSPECIFIED
R11.0 - NAUSEA
R19.7 - DIARRHEA, UNSPECIFIED
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Flu and rapid covid negative. Will treat for UTI. Send urine for culture. Add pepcid 20mg twice daily for GERD and nausea. She has a prescription at home. Possibly gastritis associated with aspirin use. Check H. Pylori. Labs sent to quest. Follow up with results. Tylenol or motrin as needed for pain/fever.

PLAN:
Macrobid 100 mg capsule
Refills: 0 Qty: 14 TABLET(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD for UTI

Zofran 4 mg tablet
Refills: 0 Qty: 15 TABLET(S)
Instructions: TAKE 1 tab PO Q8h prn Nausea/vomiting

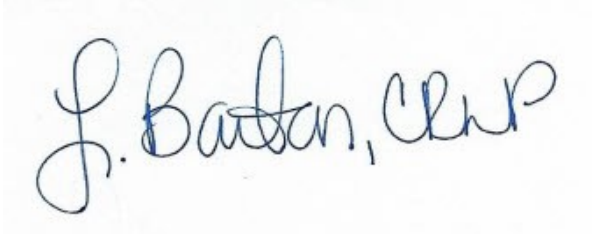
Electronically signed by Lindsey Barton, CRNP on 11/04/20 1:35 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".