

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/09/21

PATIENT: TOMBLIN, DEBRA **DOB:** 07/16/1957 **Gender:** FEMALE **MRN:** 55 **AGE:** 64 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: HA, cough

HISTORY OF PRESENT ILLNESS: Pt comes in today with c/o HA, eye pressure, facial pain, cough, body aches. S/S started around Monday, they continue to get worse. She denies fever, N/V/D, loss of taste or smell.

VITALS: BP: 134/84 **Pulse:** 74; **Temp:** 97.3; **Resp:** 16; **Ht:** 72 in.; **Wt:** 165.1 lbs.; **BMI:** 22.39; **Pulse Oximetry:** 100%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Viibryd 20 mg tablet (1 tablet PO daily)
Xyzal 5 mg tablet

PAST MEDICAL HISTORY: ADHD, depression; idiopathic angioedema; H. pylori in 11/2020. Fibromyalgia. Cold sores.

PAST SURGICAL HISTORY: Right hip replacement; Broke leg in April s/p repair.

SOCIAL HISTORY: Married. Employee at AUM.

FAMILY HISTORY: Unknown

HEALTH MX HISTORY: Colonoscopy- 2010; pap smear 2020

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Maxillary sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

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INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)
R51.9 - HEADACHE, UNSPECIFIED
J01.90 - ACUTE SINUSITIS, UNSPECIFIED

PLAN:

Pt here for congestion, HA, cough. Will treat for URI/beginning of acute sinusitis. Will do steroid injection in office. Will send RX to pharmacy. Pt agrees. Negative for flu or COVID. Will call if not better in 1 week.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Electronically signed by Maranda Fain, CRNP on 12/09/21 8:29 AM

