

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/31/25

PATIENT: WALLS, KIELARIE **DOB:** 10/20/2000 **Gender:** FEMALE **MRN:** 5641 **AGE:** 24 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, chest tightness, headache, nausea, head pressure

HISTORY OF PRESENT ILLNESS: Ms. Walls is a 24 yo female here today for sore throat, chest tightness, headache, nausea, runny nose and nasal congestion since last Wednesday. She has not tried any otc meds for relief. Denies fever.

VITALS: BP: 136/92 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 104; **Temp:** 98.2; **Resp:** 17; **Ht:** 64 in.; **Wt:** 328.3 lbs.; **BMI:** 56.35; **Pulse Oximetry:** 100%; **FDLMP:** 03/20/25

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

mupirocin 2 % topical ointment (APPLY A SMALL AMOUNT TO THE AFFECTED AREA BY TOPICAL ROUTE 3 TIMES PER DAY)

PAST MEDICAL HISTORY: Seizures as a child.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works full time on campus in housing and is a student at AUM. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

Comment: Flu A and B negative.

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J30.1 - Allergic rhinitis due to pollen (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R09.81 - NASAL CONGESTION

PLAN:

Will treat for SAR w/ RX as per below. Follow up as needed.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 UNIT(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Xyzal 5 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (5 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING

Electronically signed by Lindsey Barton, CRNP on 04/01/25 1:11 PM

L. Barton, DNP, CRNP