

BACTERIAL VAGINOSIS (BV)

NAME: Paula Diaz

DATE: 4/26/18

The Nurse Practitioner I Saw Today:

Carol Stewart, CRNP

Melodye Harvey, CRNP

What is Bacterial Vaginosis?	What Causes Bacterial Vaginosis?
Bacterial Vaginosis is caused by an overgrowth of the vagina's natural bacteria	→ Multiple or different sex partners → Douching → Over-treatment for yeast infection

What are the Symptoms?	What Medicine Do I Need?	Is There Another Treatment?
• Itching • Burning • Thin, white discharge (like milk) • Foul or fishy odor	<u>Metronidazole (Flagyl)</u> <u>500mg</u> 1 tablet 2 times a day for 7 days. DO NOT DRINK ALCOHOL FOR ONE WEEK AFTER TAKING THIS MEDICINE!	Yes No

What Else Can I Do?	
<u>To Feel Better:</u> Don't scratch! Don't douche! Keep vaginal area clean and dry—wash with water twice a day.	<u>To keep from getting another infection:</u> • - Don't douche • Always Use Condoms • It may be necessary for your sex partner (male/female) to come to the clinic to be checked

Remember...	Warning! You may need additional treatment...
Use medications only as instructed! Don't douche! Use condoms!	→ if symptoms do not go away after treatment → if discharge has a bad odor and is foamy → if you have low stomach pain or fever

Do I need a follow-up appointment? ____ no ____ yes, in ____ days

Call 244-3281 to schedule an appointment.