

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 01/03/22

**PATIENT:** BREWER, ASHLEY    **DOB:** 06/19/1988    **Gender:** FEMALE    **MRN:** S00095424    **AGE:** 33 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** nasal congestion, cough on and off, slight dyspnea on exertion on and off.

**HISTORY OF PRESENT ILLNESS:** 33 year old female presents to clinic with nasal congestion, cough on and off, slight dyspnea on exertion on and off that has been present since last week. Patient's spouse tested + for COVID this morning. Patient is COVID vaccinated with a booster and had a rapid COVID test on Saturday which was negative. Patient did receive a steroid and antibiotic shot at urgent care Saturday and is feeling a little better since then.

**VITALS:** BP: 139/93 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 62; **Temp:** 96.6; **Resp:** 17; **Ht:** 67 in.; **Wt:** 127 lbs.; **BMI:** 19.89; **Pulse Oximetry:** 98%; **FDLMP:** 12/27/21

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

Claritin 10 mg tablet

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain)

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

**PAST MEDICAL HISTORY:** allergies, kidney stones

**PAST SURGICAL HISTORY:** Laparoscopy, breast augmentation

**SOCIAL HISTORY:** Denies smoking, drinking, or illicit drug use.

**FAMILY HISTORY:** Mother- HTN, HLD; Father- HTN, HLD; Maternal grandmother- cancer, stroke

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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**ORDERS:**

INFLUENZA (1 unit(s)): In-House Lab  
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

**RESULTS:**

INFLUENZA:  
Value: Negative

Abbott Binax Now Rapid COVID :  
Value: Negative

**ASSESSMENT:**

J01.90 - Acute sinusitis, unspecified (PRIMARY)  
R05.9 - COUGH, UNSPECIFIED  
Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

**PLAN:**

Rx as per below. Husband is positive for COVID as of this morning. She is fully vaccinated and has had her booster. Continue to monitor for COVID symptoms. Per CDC guidelines. She is cleared to return to work wearing a mask. She verbalized understanding.

Bactrim DS 800 mg-160 mg tablet  
Refills: 0 Qty: 20 TABLET(S)  
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Diflucan 150 mg tablet  
Refills: 0 Qty: 2 TABLET(S)  
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; may repeat dose in 72 hrs if needed.

Electronically signed by Lindsey Barton, CRNP on 01/03/22 3:35 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.