

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/17/23

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** S00095424 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Anxiety

HISTORY OF PRESENT ILLNESS: Ms. Brewer presents to the clinic to discuss her anxiety and options. She reports feeling more stressed out and overwhelmed since the birth of her recent child 11 months ago. She states she also notices she feels as if she is losing patience with her 3 year old at times. She has a hard time getting uninterrupted sleep. She denies SI/HI. She states she is not breastfeeding. She is aware of AUM counseling but has not attended any sessions.

VITALS: BP: 129/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 59; **Temp:** 97.8; **Resp:** 16; **Ht:** 67 in.; **Wt:** 135.3 lbs.;
BMI: 21.19; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain)

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

PAST MEDICAL HISTORY: allergies, kidney stones

PAST SURGICAL HISTORY: Laparoscopy, breast augmentation, c-sections

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, HLD; Father- HTN, HLD; Maternal grandmother- cancer, stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

F41.9 - ANXIETY DISORDER, UNSPECIFIED (PRIMARY)

F32.A - DEPRESSION, UNSPECIFIED

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PLAN:

Will follow up in 1 month or sooner for medication effectiveness. Discussed ER precautions for any SI/HI. Take RX as directed. Encouraged AUM counseling as well.

Zoloft 25 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (25 MG) BY ORAL ROUTE ONCE DAILY

Electronically signed by Robin Blackwell, CRNP on 01/18/23 8:43 AM

Robin Blackwell CNP