

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/17/23

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** S00095424 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Medication follow up

HISTORY OF PRESENT ILLNESS: Mrs. Brewer presents for medication follow up after starting Zoloft 25mg last month for her anxiety and depression. Patient reports she doesn't notice any change positive or negative with taking the medication. She denies side effect to Zoloft. She denies SI/HI.

COMPLAINT 2: Hair thinning

HISTORY OF PRESENT ILLNESS: Patient has noticed hair thinning within the last month. Patient recently had a child 1 year ago. Denies fatigue, sweating, weight loss.

VITALS: BP: 114/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 96.6; **Resp:** 16; **Ht:** 67 in.; **Wt:** 136.9 lbs.;
BMI: 21.44; **Pulse Oximetry:** 100%; **FDLMP:** 02/16/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain)

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

PAST MEDICAL HISTORY: allergies, kidney stones, anxiety, depression

PAST SURGICAL HISTORY: Laparoscopy, breast augmentation, c-sections

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, HLD; Father- HTN, HLD; Maternal grandmother- cancer, stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

L65.9 - NONSCARRING HAIR LOSS, UNSPECIFIED (PRIMARY)
F41.1 - GENERALIZED ANXIETY DISORDER
F32.A - DEPRESSION, UNSPECIFIED
Z79.899 - OTHER LONG TERM (CURRENT) DRUG THERAPY

PLAN:

Pending lab work. Will increase Zoloft to 50mg and will follow up in one month. Patients last day at AUM is today. She is in the process of making an appt with a PCP to establish care. She was handed PCP names and numbers she can call and schedule with. She was encouraged to make an appt with her OB doctor as well to let them know about her hair thinning, depression/anxiety and new medication she is on. Will see patient in one month for medication effectiveness while she is in the process of finding a PCP. Strict ER precautions for any SI/HI. Patient verbalized understanding.

Zoloft 50 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (50 MG) BY ORAL ROUTE ONCE DAILY

Electronically signed by Robin Blackwell, CRNP on 02/17/23 10:42 AM

Robin Blackwell CNP