

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/27/23

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** S00095424 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Depression/Anxiety Follow up

HISTORY OF PRESENT ILLNESS: Ms. Brewer presents to the clinic to follow up on depression/anxiety. At her previous visit we increased her Zoloft to 50mg daily. Patient reports she still does not notice any change with taking the medication. She denies side effect to Zoloft. She denies SI/HI. She does state her depression seems to be better. She has changed jobs, her youngest is sleeping through the night and she is also sleeping better. She states she feels like her lifestyle changes recently has helped her mood. She is considering stopping her Zoloft since she has improved. She is in the process of finding a PCP.

VITALS: BP: 130/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 69; **Temp:** 97.9; **Resp:** 69; **Ht:** 67 in.; **Wt:** 139.9 lbs.;
BMI: 21.91; **Pulse Oximetry:** 99%; **FDLMP:** 03/20/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet
Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain)
Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet
Zoloft 50 mg tablet (TAKE 1 TABLET (50 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: allergies, kidney stones, anxiety, depression

PAST SURGICAL HISTORY: Laparoscopy, breast augmentation, c-sections

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, HLD; Father- HTN, HLD; Maternal grandmother- cancer, stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/27/23

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** S00095424 **AGE:** 34 Years

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

F32.A - Depression, unspecified (PRIMARY)

F41.9 - Anxiety disorder, unspecified

PLAN:

Patient is in the process of finding a PCP. Discussed if patient decides to stop taking her Zoloft she will need to taper off. Discussed how to taper off her medication if she chooses. Strict ER for any SI/HI

Zoloft 50 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (50 MG) BY ORAL ROUTE ONCE DAILY

Electronically signed by Robin Blackwell, CRNP on 03/27/23 10:35 AM

Robin Blackwell CNP