

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117  
(334) 244-3281

**Date:** 06/11/19

**PATIENT:** BREWER, ASHLEY   **DOB:** 06/19/1988   **Gender:** FEMALE   **MRN:** 31   **AGE:** 30 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Sinuses

Symptoms: Cough, nasal drainage. Initially began last week with drainage. This morning she had green drainage. Had achiness and weakness last week. Had low-grade fever last week.

Duration: 1 week

ModFact: Is 11 weeks pregnant and talked with provider yesterday who told her to see a GP. Normally takes Mucinex for these types of symptoms.

Other: Takes a daily OTC medication for allergies.

**VITALS:** BP: 104/71   **Site:** LEFT ARM   **Position:** SITTING   **Pulse:** 83;   **Temp:** 98.2

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

No Known Medications

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: Patient is positive for: Malaise,

ENMT: Patient is positive for: cough, runny nose, congestion, Rhinorrhea,

HEENT: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: Patient is positive for: Cough, Sputum,

GASTROINTESTINAL: Patient denies: abdominal pain, appetite loss, anorexia,

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

**PHYSICAL EXAMINATION:**

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x3. cooperative

HEAD: Normocephalic, PERRLA, lids and conjunctivae appear normal, sclera white

EARS: Ears appear normal. TM's intact and reflect NCL. External auditory canal clear, External ear exam reveals no abnormalities.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa appears irritated, slightly reddened and dry, sinus mildly tender.

THROAT: Oropharynx appears normal. Airways patent. membranes moist, gums pink, tongue and uvula midline, good dentation. Throat with slight redness noted.

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**NECK:** Neck is supple and non-tender

**CARDIOVASCULAR:** HRRR;

**RESPIRATORY:** Lungs CTA; no rhonci wheeze or rales, breath sounds symmetric. No supra clavicular lymphadenopathy

**ASSESSMENT:**

R05 - COUGH (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

**PLAN:**

Ms. Brewer was educated on viral infections being self-limiting. Encouraged fluids and rest. May return if symptoms worsen or persist.

Advised to only take medications approved by OB/GYN.

Electronically signed by Carol Stewart, NP on 06/11/19 9:21 AM