

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 06/13/18

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** 31 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Rash on back

Symptoms: Tingling, irritated rash on right side of shoulder. Reports feeling tired yesterday.

Quality: Denies pain, put reports throbbing sensation around the rash.

Severity: 4-5/10

Duration: 1 day

Context: Denies using any new soaps, detergents, etc

ModFact: Denies any outside (outdoor) activity. Experiencing stress at work. Currently ungoing fertility treatments (Clomid) and reports to OB/GYN/Fertility Doctor to determine pregnancy next week.

VITALS: BP: 109/72 **Site:** RIGHT ARM **Position:** LAYING **Pulse:** 64; **Temp:** 98; **Wt:** 125 lbs.; **FDLMP:** 05/28/18

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Mucinex D Maximum Strength 120 mg-1,200 mg tablet,extended release

Xyzal 5 mg tablet

azithromycin 250 mg tablet (TAKE AS DIRECTED(ZPACK))

fluconazole 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE A DAY FOR 2 DAYS)

valacyclovir 500 mg tablet (TAKE 2 TABLETS (500 MG) BY ORAL ROUTE EVERY 8 HOURS X 7 DAYS)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fatigue, Patient denies: Fever, Chills

SKIN: Rash on back--right side, irritation

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

DERMATOLOGIC: Skin Temperature: Warm Dry; mildly erythematous papules noted on right side of back above bra-line

NEUROLOGIC: No Focal Deficit; Gait and Station Normal;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

L30.9 - DERMATITIS, UNSPECIFIED (PRIMARY)

PLAN:

Hydrocortisone cream--apply to area BID--samples given.

Advised patient to call Fertility Specialist about taking Valtrex and notify clinic.

RTC for worsening symptoms.

Electronically signed by Melodye Harvey, CRNP on 06/13/18 4:46 PM

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