

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/14/23

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** S00095424 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Rash

HISTORY OF PRESENT ILLNESS: Ms. Brewer presents to the clinic with complaints of a rash to her right wrist where she wears her apple watch x 1 week. She states the rash does not hurt, itch or burn. She has tried Mupirocin and hydrocortisone creams. She states the rash has slightly improved. She has switched her watch to her left wrist.

VITALS: BP: 121/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 98.2; **Resp:** 16; **Ht:** 67 in.; **Wt:** 139.8 lbs.;
BMI: 21.89; **Pulse Oximetry:** 98%; **FDLMP:** 08/14/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain)

Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

PAST MEDICAL HISTORY: allergies, kidney stones, anxiety, depression

PAST SURGICAL HISTORY: Laparoscopy, breast augmentation, c-sections

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, HLD; Father- HTN, HLD; Maternal grandmother- cancer, stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. Circular, scaly, erythematous rash located on her upper right wrist.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

R21 - Rash and other nonspecific skin eruption (PRIMARY)

PLAN:

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nystatin-triamcinolone 100,000 unit/g-0.1 % topical cream

Refills: 1 Qty: 15 GRAM(S)

Instructions: APPLY TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY IN THE MORNING
AND EVENING

Electronically signed by Robin Blackwell, CRNP on 08/14/23 11:13 AM

Robin Blackwell CNP