

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/25/21

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** S00095424 **AGE:** 33 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: left elbow pain.

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of left elbow pain. Patient reports that it hurts to bend at the elbow for any length of time. Pain is rated as an 8/10. Denies recent injury or heavy lifting. She has been taking ibuprofen with some relief. Pain is worse with flexion and tender with palpation.

VITALS: BP: 114/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 58; **Temp:** 97.3; **Resp:** 16; **Ht:** 67 in.; **Wt:** 132.4 lbs.;
BMI: 20.73; **Pulse Oximetry:** 100%; **FDLMP:** 08/22/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet
Lo Loestrin Fe 1 mg-10 mcg (24)/10 mcg (2) tablet

PAST MEDICAL HISTORY: allergies, kidney stones

PAST SURGICAL HISTORY: Laparoscopy, breast augmentation

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, HLD; Father- HTN, HLD; Maternal grandmother- cancer, stroke

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. 2+ bilateral radial pulses. Hand grasp strong and equal bilaterally. FROM left elbow with tenderness to palpation just above the middle aspect of the olecranon. No erythema or warmth present.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Toradol 60 MG (1 unit(s)): Injection

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Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Toradol 60 MG :
Site Given: Left Ventral Gluteal
Dosage Given: 2 milliliter(s)
Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

M70.32 - OTHER BURSITIS OF ELBOW, LEFT ELBOW (PRIMARY)

PLAN:

Given steroid and toradol shot in office. NSAIDs as needed. Rest, heat or ice. Follow up in 2 weeks if no improvement.

Duexis 800 mg-26.6 mg tablet
Refills: 1 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain

Electronically signed by Lindsey Barton, CRNP on 08/29/21 8:14 PM



J. Barton, CRNP