

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 09/01/17

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** 31 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Noticed a swollen lymph node that is somewhat tender in neck and made swallowing difficult. Symptoms: Sinus congestion, lymphadenopathy. More congested today. No known fever. No HA. Using Xyzal 2xs a day. Took Mucinex D this morning.

VITALS: BP: 108/69 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 69; **Temp:** 98.8; **FDLMP:** 08/11/17

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Xyzal 5 mg tablet

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

ENMT: Patient is positive for: congestion, sinus pain, earache (pain from lymph node referring into ear). (L) side.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Sinus slight tenderness; moderate congestion

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates. Ulceration (5mm) present on left posterior soft pallet .

NECK: Neck is supple, FROM, no JVD, Right submandibular and anterior cervical lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ASSESSMENT:

J02.9 - Acute pharyngitis, unspecified (PRIMARY)

J06.9 - Acute upper respiratory infection, unspecified

PLAN:

azithromycin 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE AS DIRECTED(ZPACK)

fluconazole 150 mg tablet

Refills: 1 Qty: 2 TABLET(S)

Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE A DAY FOR 2 DAYS

Follow up PRN also if condition worsens or not improved

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Electronically signed by Carol Stewart, NP on 09/01/17 11:01 AM