

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 09/19/17

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** 31 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus problems.

Symptoms: Some days are worse than others. Body aches, loss of appetite, congestion, slight cough. Feels like she has a fever.

Duration: Since last Monday

ModFact: Has been using Mucinex and Flonase.

VITALS: BP: 119/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 59; **Temp:** 97.6; **FDLMP:** 09/11/17

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Mucinex D Maximum Strength 120 mg-1,200 mg tablet,extended release

Xyzal 5 mg tablet

azithromycin 250 mg tablet (TAKE AS DIRECTED(ZPACK))

fluconazole 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE A DAY FOR 2 DAYS)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fever, Malaise, Fatigue,

ENMT: Patient is positive for: cough, runny nose, congestion,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Sinus nontender; Nose congested. no discharge currently.

THROAT: Throat is red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ASSESSMENT:

B34.9 - Viral infection, unspecified (PRIMARY)

PLAN:

Rest and use OTC meds foe symptom management: Mucinex DM, Tylenol or Ibuprofen

Electronically signed by Carol Stewart, NP on 09/19/17 10:03 AM

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