

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/09/17

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** 31 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Thinks she is having an outbreak of shingles.

Symptoms: Had an outbreak last May and this is in a similar place. Lots of bumps on back, itching. Not hurting or burning,

Location: Back, bra strap in rubbing against it.

Severity: Itching is a 10

Duration: Noticed yesterday

ModFact: Denies feeling stressed at work.

COMPLAINT 2: Fatigue and excessive sleeping

Symptoms: Patient reports getting a least 10 hours of sleep per night but has difficulty getting up in the morning. She says that she is awake but her body is still tired. She feels like she has taken a drug that makes her sluggish.

ModFact: Patient reports having lab work done for anemia several years ago.

VITALS: BP: 108/69 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.2; **FDLMP:** 11/06/17

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Mucinex D Maximum Strength 120 mg-1,200 mg tablet,extended release

Xyzal 5 mg tablet

azithromycin 250 mg tablet (TAKE AS DIRECTED(ZPACK))

fluconazole 150 mg tablet (TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE A DAY FOR 2 DAYS)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Chills,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD

DERMATOLOGIC: Temperature: warm dry; normal turgor, erythematous rash along C6-C7 dermatome

NEUROLOGIC: No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics

VITAMIN D 25 - HYDROXY, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

B02.9 - ZOSTER WITHOUT COMPLICATIONS (PRIMARY)

R53.83 - OTHER FATIGUE

PLAN:

valacyclovir 500 mg tablet

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/09/17

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** 31 **AGE:** 29 Years

Refills: 0 Qty: 42 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE EVERY 8 HOURS X 7 DAYS

Avoid scratching rash.

Will notify patient of any abnormal lab results.

RTC for unresolving or worsening symptoms.

Electronically signed by Melodye Harvey, CRNP on 11/09/17 2:08 PM