

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/10/25

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** 5656 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus issues, sore throat, headache and fatigue for a couple of hours

HISTORY OF PRESENT ILLNESS: Patient is here for sinus issues, sore throat, headache and fatigue for a couple of hours. She states that she has a child at home with strep.

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet

Unisom (doxylamine) 25 mg tablet (1 tab PO QHS)

buspirone 7.5 mg tablet (TAKE 1 TABLET (7.5 MG) BY ORAL ROUTE 2 TIMES PER DAY as needed for anxiety)

PAST MEDICAL HISTORY: allergies, kidney stones, anxiety, depression

PAST SURGICAL HISTORY: Laparoscopy, breast augmentation, c-sections

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Mother- HTN, HLD; Father- HTN, HLD; Maternal grandmother- cancer, stroke

HEALTH MX HISTORY:

OB/GYN- Dr. Dupre.

Pap smear 2022- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

PLAN:

Patient is here for viral URI. Her swabs are negative. Instructed to drink plenty of fluids and take antihistamine at home.

Electronically signed by Hayley Guthrie, CRNP on 11/10/25 3:42 PM