

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/12/18

PATIENT: BREWER, ASHLEY **DOB:** 06/19/1988 **Gender:** FEMALE **MRN:** 31 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: SOB

Symptoms: Having episodes since Monday of SOB and heart feels heavy in her chest. Happens randomly. Thinks this is what a panic attack would be but she does not think she is panicking. Does not last more than a minute. Has to take several breathes to stabilize.

ModFact: Recently took a steroid shot. Does not drink caffeine on a regular basis.

VITALS: BP: 143/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 78; **FDLMP:** 11/23/18

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

CARDIOLOGIC: Patient is positive for: palpitations (occurs at random and only lasts a few seconds to one minute)
Patient denies: pain, numbness, dizziness, diaphoresis, syncope,

RESPIRATORY: Patient denies: Cough, Hemoptosis, Orthopnea, Sputum, Wheeze, Patient is positive for: SOB (during episodes of palpitations) Only lasts a few seconds.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesis, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PSYCHIATRIC: Denies anxiety and ordepression. Has been trying to conceive bby use of fertility medication. Has not used in about a month.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: DTR`s and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ASSESSMENT:

R00.2 - PALPITATIONS (PRIMARY)

PLAN:

F/U with regular health care provider is symptoms continue.

RTC pm.

Electronically signed by Carol Stewart, NP on 12/12/18 3:58 PM