

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/14/22

PATIENT: FRAZIER, KENOTTA **DOB:** 06/15/1982 **Gender:** FEMALE **MRN:** S00359367 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus congestion, swollen lymph nodes

HISTORY OF PRESENT ILLNESS: Pt comes in with c/o swollen lymph nodes in neck with sinus congestion. Has some post nasal gtt. Denies runny nose, sneezing, yellow or green mucous, body aches, fevers, sore throat.

VITALS: BP: 130/97 **Pulse:** 68; **Temp:** 98.4; **Resp:** 16; **Ht:** 67 in.; **Wt:** 248.8 lbs.; **BMI:** 38.96

ALLERGIES: lisinopril (ACE inhibitor-induced angioedema)

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: HTN, frequent UTIs.

PAST SURGICAL HISTORY: Bilateral tubal ligation.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. + nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Solumedrol 125mg/2ml (1 unit(s)): Injection

ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY).

R59.9 - Enlarged lymph nodes, unspecified.

PLAN:

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Pt here with sinus pressure and post nasal gtt. noted swollen lymph nodes submandibular and cervical on exam. Pt reports pain with palpation. Advised zyrtec daily. Advised warm compresses with NSAIDs for pain. Denies fever, sore throat, with no tonsil enlargement on exam. Advised to call if any dental pain, fever, sore throat, or swollen tonsils, or worsening s/s. Pt agrees.

Electronically signed by Maranda Fain, CRNP on 03/14/22 10:47 AM

M. Fain, CRNP