

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/05/25

PATIENT: BRADFORD, CHRISTINA **DOB:** 06/01/1985 **Gender:** FEMALE **MRN:** 5664 **AGE:** 39 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, sinus drainage, nausea since Saturday

HISTORY OF PRESENT ILLNESS: Mrs. Bradford is a 39 yo female here today for sore throat, sinus drainage, and nausea since Saturday. Denies fever. She was around several people who had strep over the weekend. She has a dentist appt this afternoon for a root canal and wants to make sure she doesn't have strep.

VITALS: BP: 121/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.1; **Resp:** 16; **Ht:** 66 in.; **Wt:** 251.7 lbs.;
BMI: 40.62; **Pulse Oximetry:** 97%

ALLERGIES: Penicillin

MEDICATIONS:

Zoloft 50 mg tablet
methocarbamol 750 mg tablet (TAKE 1 TABLET (750 MG) BY ORAL ROUTE at bedtime for neck spasms)

PAST MEDICAL HISTORY: tension headaches, cluster headaches, migraine headaches. Spondylarthritis. Obesity. Currently enrolled in a trial for a GLP-1 weight loss medication called Cagrisema 0.25mg qweek.

PAST SURGICAL HISTORY: Appendectomy, cancerous femur, partial hysterectomy, ovarian cyst,

SOCIAL HISTORY: Married with 3 children. Works in OGI on campus. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative
Comment: Flu A and B negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R09.89 - OTH SYMP&SIGNS INVOLVING THE CIRC&RESP SYSTEMS

PLAN:

Swabs are negative. We discussed that it is most likely from post nasal gtt. Recommended otc tylenol cold and sinus or sudafed or similar for symptomatic relief. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 05/05/25 10:26 AM

L. Barton, DNP, CRNP