

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/09/26

PATIENT: BRADFORD, CHRISTINA **DOB:** 06/01/1985 **Gender:** FEMALE **MRN:** 5664 **AGE:** 41 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, headache, post nasal drainage, nasal congestion, sore throat, sinus pressure for 3 days

HISTORY OF PRESENT ILLNESS: 41 YO F PTC with c/o cough, congestion, headache, nasal drainage, sore throat and sinus pressure since monday. Pt denies fever, chills or body aches but states cannot talk without causing cough. Reports chest tightness related to her cough.

VITALS: BP: 137/83 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 97; **Resp:** 17; **Ht:** 66 in.; **Wt:** 262.2 lbs.;
BMI: 42.31; **Pulse Oximetry:** 98%

ALLERGIES: Penicillin

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: tension headaches, cluster headaches, migraine headaches. Spondylarthritis. Obesity.

PAST SURGICAL HISTORY: Appendectomy, cancerous femur, partial hysterectomy, ovarian cyst,

SOCIAL HISTORY: Married with 3 children. Works in OGI on campus. Denies smoking, drinking, or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes cloudy with fluid noted. Ear canals are patent. Nose- septum- midline; Positive maxillary and frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi. Hacking, nonproductive cough noted.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
STREP A (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
J01.40 - ACUTE PANSINUSITIS, UNSPECIFIED
J20.9 - Acute bronchitis, unspecified

PLAN:

Pt advised to take meds as directed, drink plenty of clear liquids, if issues persist or worsen, RTC or go to ED.

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 21 TABLET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

promethazine-DM 6.25 mg-15 mg/5 mL oral solution

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 5 MILLILITERS BY ORAL ROUTE EVERY 4-6 HOURS AS NEEDED, NOT TO EXCEED 30 ML IN 24 HOURS

Electronically signed by Breena Till, CRNP on 07/09/26 9:24 AM

