

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/16/26

PATIENT: HARRIS, DEMONTE **DOB:** 06/05/1995 **Gender:** MALE **MRN:** 5665 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: left ankle lateral aspect pain and swelling since Wednesday. 4/10- dull pain with no known causative factor. Right elbow pain since this morning- shooting pain- with no causative factor.

HISTORY OF PRESENT ILLNESS: 31 YO M PTC with c/o left ankle pain and swelling, denies any known injury, states began a week ago and has improved some but is not better.

VITALS: BP: 152/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 57; **Temp:** 96.4; **Resp:** 16; **Ht:** 71 in.; **Wt:** 201.4 lbs.;
BMI: 28.08; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Dovato 50 mg-300 mg tablet
Vitamin D3 125 mcg (5,000 unit) tablet
tretinoin 0.05 % topical cream

PAST MEDICAL HISTORY: HIV, latent syphilis followed by the Montgomery HD.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Works at AUM in the Bookstore. Exercises. Is a bisexual male, currently in a relationship with another male and using condoms for protection. Drinks alcohol but does not use recreational drugs or tobacco. No recent declines in ADLs.

FAMILY HISTORY: States family history is unknown.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. Mild swelling noted to outer aspect of left ankle.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/16/26

PATIENT: HARRIS, DEMONTE **DOB:** 06/05/1995 **Gender:** MALE **MRN:** 5665 **AGE:** 31 Years

M25.572 - Pain in left ankle and joints of left foot (PRIMARY)

PLAN:

D/w pt taking meds as directed, with food. IF issues persist or worsen may need xray. RICE

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Naprosyn 500 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH FOOD AS NEEDED

Electronically signed by Breena Till, CRNP on 06/16/26 2:29 PM

