

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/06/23

PATIENT: NIEL, KRYSTAL **DOB:** 02/14/1986 **Gender:** FEMALE **MRN:** S00361295 **AGE:** 36 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Upper Respiratory symptoms

HISTORY OF PRESENT ILLNESS: Ms. Niel presents to the clinic with complaints of nasal congestion, dry cough, sore throat, headache, body aches and fatigue x 2 days.

of note. Patients reports her BP normally runs low, she denies dizziness or lightheadedness.

VITALS: BP: 94/59 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 75; **Temp:** 97.1; **Resp:** 16; **Ht:** 64 in.; **Wt:** 129.7 lbs.; **BMI:** 22.26; **Pulse Oximetry:** 99%; **FDLMP:** 01/15/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Benlysta 120 mg intravenous solution (Monthly)
Celebrex 200 mg capsule (BID)
Wellbutrin XL 300 mg 24 hr tablet, extended release (Daily)
hydroxychloroquine 400 mg tablet (Daily)
levothyroxine 75 mcg capsule (Daily)

PAST MEDICAL HISTORY: lupus, sjogrens syndrome, hypothyroidism, vasculitis, Raynauds.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
R53.83 - OTHER FATIGUE
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS
R51.9 - HEADACHE, UNSPECIFIED
R52 - PAIN, UNSPECIFIED
R09.81 - NASAL CONGESTION

PLAN:

OTC treatment for any presenting symptoms discussed with patient as well as circumstances in which patient may
RTC for re check. Patient verbalized understanding. Patient declined cough medication RX and PCR test today.

Electronically signed by Robin Blackwell, CRNP on 02/06/23 10:33 AM

Robin Blackwell CNP