

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/30/24

PATIENT: NIEL, KRYSTAL **DOB:** 02/14/1986 **Gender:** FEMALE **MRN:** 5669 **AGE:** 38 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough, sore throat, headache, body aches, shortness of breath with climbing stairs, and nasal congestion that started Sunday evening

HISTORY OF PRESENT ILLNESS: Mrs. Niel is a 38 yo female here today with the above complaints. She denies fever. She reports green sinus drainage that started this morning.

She also needs a TBST for DNP program.

VITALS: BP: 110/67 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 96.2; **Resp:** 16; **Ht:** 64.5 in.; **Wt:** 125.6 lbs.; **BMI:** 21.22; **Pulse Oximetry:** 98%; **FDLMP:** 05/15/24

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Benlysta 120 mg intravenous solution (Monthly)
Celebrex 200 mg capsule (BID as needed)
NP Thyroid 60 mg tablet (daily)
Wellbutrin XL 150 mg 24 hr tablet, extended release ((total dose is 450mg daily))
Wellbutrin XL 300 mg 24 hr tablet, extended release ((total dose is 450mg))
buspirone 5 mg tablet (BID)
hydroxychloroquine 400 mg tablet (Daily)
levothyroxine 75 mcg capsule (Daily)

PAST MEDICAL HISTORY: lupus, sjogrens syndrome, hypothyroidism, vasculitis, Raynauds, depression.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: SON Faculty. Married. Denies smoking or illicit drug use, occasional alcohol use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
TB test - IPPD (1 unit(s)): Injection
URINE PREG TEST (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative

URINE PREG TEST :
Value: Negative

COVID Rapid Testing:
Value: Negative

TB test - IPPD:
Site Given: Left Upper Forearm
Dosage Given: 0.1 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
R06.00 - DYSPNEA, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED
N92.6 - IRREGULAR MENSTRUATION, UNSPECIFIED
Z11.1 - ENCOUNTER FOR SCREENING FOR RESP TUBRCLOSIS

PLAN:

Recommended otc treatment for acute URI to include tylenol cold and sinus or similar and/or flonase for congestion.

Follow up in 48-72 hrs for TBST reading.

Electronically signed by Lindsey Barton, CRNP on 07/30/24 12:48 PM

L. Barton, DNP, CRNP

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