

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/28/25

PATIENT: CORBETT, ANGELA **DOB:** 06/11/1974 **Gender:** FEMALE **MRN:** 5697 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus headache, sinus congestion, dry cough since Sunday

HISTORY OF PRESENT ILLNESS: Mrs. Corbett is a 50 yo female here today for sinus headache, pressure, congestion, and dry cough since Sunday. She has not tried any otc meds for relief. Denies fever.

VITALS: BP: 137/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 96.9; **Resp:** 16; **Ht:** 62 in.; **Wt:** 160.7 lbs.;
BMI: 29.39; **Pulse Oximetry:** 98%

ALLERGIES: Tylox

MEDICATIONS:

Adderall XR 25 mg capsule, extended release (daily)
Klonopin 0.5 mg tablet (PRN)
Vitamin D3 125 mcg (5,000 unit) tablet (weekly)
Zetia 10 mg tablet (daily)
Zolof 25 mg tablet (daily)
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution (monthly)
oseltamivir 75 mg capsule (TAKE 1 CAPSULE (75 MG) BY ORAL ROUTE EVERY 12 HOURS)
pravastatin 10 mg tablet (daily)

PAST MEDICAL HISTORY: Attention Deficit Disorder; Anxiety; headaches, high cholesterol, kidney stones, chicken pox, pregnancy x 3

PAST SURGICAL HISTORY: partial Hysterectomy; tubal ligation, rhinoplasty (broken nose), ureteroscopy, anterior cervical discectomy & fusion, cholecystectomy

SOCIAL HISTORY: Does not live alone; Does not exercise regularly; Married; Does not use tobacco;

FAMILY HISTORY: Mother with history of: clotting disorder, renal failure, skin cancer, HTN, stroke--deceased at age 60; Father with history of: lung cancer, melanoma can, high cholesterol--deceased at age 75; Sister with history of: HTN; Brother with history of: skin cancer beside his right eye; Maternal Grandfather with history of: Lung cancer--deceased at age 87; Maternal Grandmother with history of: diabetes, HTN; Paternal Grandfather with history of: esophageal cancer, heart disease, high cholesterol--deceased; Paternal Grandmother with history of: heart disease--deceased at age 84; Maternal Aunt with history of throat cancer--deceased; Paternal aunt with history of lung cancer--deceased at age 54

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

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RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Depo-Medrol 40mg/ml (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA Rapid Test:
Value: Negative
Comment: Flu A and B negative.

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)
R51.9 - HEADACHE, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED
R09.81 - NASAL CONGESTION

PLAN:

Recommended otc sudafed or similar for sinus symptoms in addition to flonase for nasal congestion. Given steroid injection in office. Follow as needed.

Electronically signed by Lindsey Barton, CRNP on 01/28/25 12:55 PM

L. Barton, DNP, CRNP