

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/04/20

PATIENT: CORBETT, ANGELA **DOB:** 06/11/1974 **Gender:** FEMALE **MRN:** S00181624 **AGE:** 45 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Flu exposure

Symptoms: Pt was exposed to 2 people with the flu. Was in close contact. Has a slight HA now, mild lower back pain and leg pain---feels a little achy.

VITALS: BP: 102/67 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.4; **Resp:** 12

ALLERGIES: Tylox

MEDICATIONS:

Klonopin 0.5 mg tablet
Zetia 10 mg tablet
Zoloft 25 mg tablet
pravastatin 10 mg tablet

PAST MEDICAL HISTORY: Attention Deficit Disorder; Anxiety; headaches, high cholesterol, kidney stones, chicken pox, pregnancy x 3

PAST SURGICAL HISTORY: partial Hysterectomy; tubal ligation, rhinoplasty (broken nose), ureteroscopy, anterior cervical discectomy & fusion, cholecystectomy

SOCIAL HISTORY: Does not live alone; Does not exercise regularly; Married; Does not use tobacco;

FAMILY HISTORY: Mother with history of: clotting disorder, renal failure, skin cancer, HTN, stroke--deceased at age 60; Father with history of: lung cancer, melanoma can, high cholesterol--deceased at age 75; Sister with history of: HTN; Brother with history of: skin cancer beside his right eye; Maternal Grandfather with history of: Lung cancer--deceased at age 87; Maternal Grandmother with history of: diabetes, HTN; Paternal Grandfather with history of: esophageal cancer, heart disease, high cholesterol--deceased; Paternal Grandmother with history of: heart disease--deceased at age 84; Maternal Aunt with history of throat cancer--deceased; Paternal aunt with history of lung cancer--deceased at age 54

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills; Positive for mild body aches

NEUROLOGIC: Patient is positive for: Headache,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Septum without Deviation; No Septal Perforation; Nasal mucosa moist and pink; No Turbinate Hypertrophy; Sinus nontender;

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

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NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)

PLAN:

oseltamivir 75 mg capsule

Refills: 0 Qty: 10 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (75 MG) BY ORAL ROUTE EVERY 12 HOURS

Start medication for worsening symptoms OR symptom onset.

AUM Instruction Sheet Handout

Follow-up PRN

Electronically signed by Melodye Harvey, CRNP on 02/04/20 3:37 PM