

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 12/04/17

PATIENT: APLIN, KAYLA **DOB:** 09/13/1988 **Gender:** **MRN:** 56 **AGE:** 29 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Physical for MLS program.

Symptoms: Pt denies any history of major accident or illness.

ModFact: Does take BCPS.

VITALS: BP: 131/93 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 96; **Temp:** 98.5; **Resp:** 12; **Ht:** 65 in.; **Wt:** 178 lbs.;
BMI: 29.62; **FDLMP:** 11/27/17

ALLERGIES: Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

No Known Medications

PAST SURGICAL HISTORY: Wisdom teeth extraction

SOCIAL HISTORY: Does not exercise regularly; Does not use tobacco; Does not use recreational drugs; Does not use alcohol; Lives alone; Does wear a seat belt; Is Not experiencing unusual stress.

FAMILY HISTORY: Patient has no known family history.

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; Appears Consistent with Age;

HEENT: Normocephalic; EOMI; PERRL; Conjunctiva Clear; Sclera White; Light Reflex Present; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NCL. External auditory canal clear, External ear exam reveals no abnormalities.

NOSE: Nose appears normal. Septum without deviation, no septal perforation, nasal mucosa moist and pink, sinus nontender. turbinates appear normal without exudate

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness.

DERMATOLOGIC: Temperature: warm dry; normal turgor, no jaundice, no signs of infection, no rash or lesions noted.

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NEUROLOGIC: No Focal Deficit; Cranial Nerves Intact; Gait and Station Normal; DTR's +2/4 and bilaterally symmetric for upper and lower extremities;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
VDRL (1 unit(s)): In-House Lab

RESULTS:

UA:
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.015
Blood: Positive
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative

ASSESSMENT:

Z00.00 - ENCNT R FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)

PLAN:

Will complete MLS Physical Assessment form.

Will notify patient of any abnormal lab results.

RTC for TB skin test read.

RTC pm.

Electronically signed by Melodye Harvey, CRNP on 12/04/17 11:45 AM