

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/27/23

PATIENT: ADAMS, HEATHER **DOB:** 11/05/1987 **Gender:** FEMALE **MRN:** S00183475 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Upper Respiratory symptoms with N/V

HISTORY OF PRESENT ILLNESS: Ms. Adams presents to the clinic with complaints of dry cough, nausea, headache, body aches, low grade fever (100.1 this am), runny/stuffy nose that started last night. She reports vomiting x 3 started this morning at 6 am. She denies CP or SOB. She is taking DayQuil with benefit.

VITALS: BP: 137/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 120; **Temp:** 99.4; **Resp:** 16; **Ht:** 66 in.; **Wt:** 213.4 lbs.; **BMI:** 34.44; **Pulse Oximetry:** 98%; **FDLMP:** 02/09/23

ALLERGIES: Benzo-Creme ((Rash) or (C/O a rash) (finding))

MEDICATIONS:

Trintellix 10 mg tablet
Wellbutrin XL 150 mg 24 hr tablet, extended release

PAST MEDICAL HISTORY: Rheumatoid arthritis diagnosed as a child. Anxiety/depression; PCOS.

PAST SURGICAL HISTORY: Gallbladder removed 2016

SOCIAL HISTORY: Does not use tobacco; Does not use recreational drugs; Is Not experiencing unusual stress. Does not exercise regularly; alcohol use (beer and wine) at least weekly.

FAMILY HISTORY:

Mother: Deceased age 42 from a seizure disorder (had a head injury)
Father: Heart disease.
Brother: seizure disorder, major depressive disorder
Maternal Grandmother: Arthritis,

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/27/23

PATIENT: ADAMS, HEATHER **DOB:** 11/05/1987 **Gender:** FEMALE **MRN:** S00183475 **AGE:** 35 Years

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: clear

Color: yellow

Glucose: Negative

Bilirubin: Negative

Ketones: Positive

Sp: 1.020

Blood: Positive

pH: 5

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Positive

CS: No

Comments: Leu 75

Ket 15

Blo 50

INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

R05.9 - COUGH, UNSPECIFIED

R11.2 - NAUSEA WITH VOMITING, UNSPECIFIED

R09.81 - Nasal congestion

R51.9 - Headache, unspecified

R52 - Pain, unspecified

R50.9 - Fever, unspecified

PLAN:

COVID quarantine and guidelines discussed with patient. OTC treatment for any presenting symptoms discussed with patient as well as circumstances in which patient may RTC for re check. Patient verbalized understanding. Strict ER precautions. Patient was handed a COVID check list sheet.

ondansetron HCl 4 mg tablet

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/27/23

PATIENT: ADAMS, HEATHER **DOB:** 11/05/1987 **Gender:** FEMALE **MRN:** S00183475 **AGE:** 35 Years

Refills: 0 Qty: 15 TABLET(S)

Instructions: TAKE 1 TABLET PO EVERY 8 HOURS AS NEEDED FOR NAUSEA/VOMITING

Electronically signed by Robin Blackwell, CRNP on 02/27/23 12:39 PM

Robin Blackwell CNP