

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/07/25

PATIENT: ADAMS, HEATHER **DOB:** 11/05/1987 **Gender:** FEMALE **MRN:** 5702 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: Ms. Adams is a 37 yo female here today for sore throat and possible swollen lymph node as she has pain right underneath her right jaw for the past 3 days. In addition, she reports runny nose and nasal congestion. Denies fever or cough.

VITALS: BP: 150/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 108; **Temp:** 97.2; **Resp:** 18; **Ht:** 66 in.; **Wt:** 232.6 lbs.; **BMI:** 37.54; **Pulse Oximetry:** 98%; **FDLMP:** 02/24/25

ALLERGIES: Benzo-Creme ((Rash) or (C/O a rash) (finding))

MEDICATIONS:

Trintellix 20 mg tablet
atomoxetine 25 mg capsule (TAKE 1 CAPSULE BY MOUTH TWICE DAILY)
bupropion HCl XL 300 mg 24 hr tablet, extended release
buspirone 5 mg tablet (TAKE 1 TABLET BY MOUTH THREE TIMES DAILY)

PAST MEDICAL HISTORY: Rheumatoid arthritis diagnosed as a child. Anxiety/depression; PCOS, prediabetes. ADD.

PAST SURGICAL HISTORY: Gallbladder removed 2016

SOCIAL HISTORY: Married. Works at AUM. Does not use tobacco; Does not use recreational drugs; Is Not experiencing unusual stress. Does not exercise regularly; alcohol use (beer and wine) at least weekly.

FAMILY HISTORY:

Mother: Deceased age 42 from a seizure disorder (had a head injury)
Father: Heart disease.
Brother: seizure disorder, major depressive disorder
Maternal Grandmother: Arthritis,

HEALTH MX HISTORY:

PCP- Dr. Burkett

GYN- Dr. Logan; last pap smear July 2023 and reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No

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peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA Rapid Test (1 unit(s)): In-House Lab

COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Rx as per below. Follow up as needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 03/07/25 1:13 PM

L. Barton, DNP, CRNP