

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 05/06/20

PATIENT: ADAMS, HEATHER **DOB:** 11/05/1987 **Gender:** FEMALE **MRN:** S00183475 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Lab work

Symptoms: Patient presents to clinic today for lab work. Telehealth visit yesterday. See notes.

ALLERGIES: Benzo-Creme ((Rash) or (C/O a rash) (finding))

MEDICATIONS:

azithromycin 250 mg tablet (TAKE AS DIRECTED(ZPACK))

cefдинир 300 mg capsule (TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS)

PAST MEDICAL HISTORY: Was diagnosed with childhood Rheumatoid arthritis. Denies symptoms

PAST SURGICAL HISTORY: Gallbladder removed 2016

SOCIAL HISTORY: Does not use tobacco; Does not use recreational drugs; Is Not experiencing unusual stress. Does not exercise regularly; Does not use alcohol;

FAMILY HISTORY:

Mother: Deceased age 42 from a seizure disorder (had a head injury)

Father: Heart disease.

Brother: seizure disorder, major depressive disorder

Maternal Grandmother: Arthritis,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

UA (1 unit(s)): In-House Lab

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics

VITAMIN D 25 - HYDROXY, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

UA:

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.005

Blood: Negative

pH: 7

Protein: Negative

Urobilinogen: Negative

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Nitrites: Positive
Leukocytes: Positive
CS: Yes

ASSESSMENT:

N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (PRIMARY)
R53.1 - WEAKNESS

PLAN:

Cipro 500 mg tablet
Refills: 0 Qty: 14 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

CBC with diff, CMP, TSH with reflex, ANA, RF, UA C & S, AM cortisol, Hgb A1C, Vitamin D

Will notify patient of any abnormal lab results.

Increase water intake.

Will consider referral to endocrinologist pending lab results.

Follow up as needed.

Electronically signed by Melodye Harvey, CRNP on 05/06/20 9:48 AM