

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 05/18/20

PATIENT: ADAMS, HEATHER **DOB:** 11/05/1987 **Gender:** FEMALE **MRN:** S00183475 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: UTI

Symptoms: After taking antibiotic and then continued to have abdominal cramping and urinary frequency. Does drink a lot of water and tea. Stopped drinking coffee after diagnosis of UTI.

ModFact: No cough, fever or SOB

VITALS: BP: 119/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 74; **Temp:** 98.1; **FDLMP:** 05/11/20

ALLERGIES: Benzo-Creme ((Rash) or (C/O a rash) (finding))

MEDICATIONS:

Cipro 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS)

azithromycin 250 mg tablet (TAKE AS DIRECTED(ZPACK))

cefdinir 300 mg capsule (TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS)

PAST MEDICAL HISTORY: Was diagnosed with childhood Rheumatoid arthritis. Denies symptoms

PAST SURGICAL HISTORY: Gallbladder removed 2016

SOCIAL HISTORY: Does not use tobacco; Does not use recreational drugs; Is Not experiencing unusual stress. Does not exercise regularly; Does not use alcohol;

FAMILY HISTORY:

Mother: Deceased age 42 from a seizure disorder (had a head injury)

Father: Heart disease.

Brother: seizure disorder, major depressive disorder

Maternal Grandmother: Arthritis,

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Chills, Nausea, Vomiting, Dizziness, Malaise,

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: Patient is positive for: LLQ "cramping". mild

GENITOURINARY: Patient denies: Pelvic pain, itching, odor,

PHYSICAL EXAMINATION:

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

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GASTROINTESTINAL: Abdomen soft. Mild pain produced with palpation of LLQ. No masses or rigidity noted. Minimal discomfort on palpation of RLQ. No rebound tenderness.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

UA (1 unit(s)): In-House Lab
UHCG (1 unit(s)): In-House Lab
GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

RESULTS:

UA:
 Appearance: Clear
 Color: pale yellow
 Glucose: Negative
 Bill: Negative
 Ketones: Negative
 Sp: 1.005
 Blood: Negative
 pH: 8
 Protein: Negative
 Urobilinogen: Negative
 Nitrites: Negative
 Leukocytes: Negative

UHCG:
 Value: Negative

GC AND CHLAMYDIA COLLECTION:
 Urine collected.

ASSESSMENT:

R10.32 - Left lower quadrant pain (PRIMARY)
N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (Resolved)

PLAN:

Will consider Pelvic ultrasound if discomfort does not resolve in 1-2 days. (Patient sees Dr. Logan for PCOS)

Continue Tylenol OTC q 4 hours for discomfort PRN.

Patient has appointment with Dr. McWhorter this week as a new patient.

RTC if symptoms becoming worse.

Electronically signed by Carol Stewart, NP on 05/18/20 12:53 PM

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