

Video Chat Summary

Chat Start Date: Tue 05/05/20 9:01:51 AM

Chat Duration: 00:26:53

Initiator: Melodye Harvey, CRNP

Recipient: Heather Adams

Sent to Inbox by: Melodye Harvey, CRNP

Patient gives verbal permission for telehealth visit.

CC: Request referral to endocrinologist.

HPI: Patient reports chronic fatigue. Patient reports day 38 of her menstrual cycle. Patient reports anxiety and suicidal thoughts during her cycle. Stress exacerbates her symptoms.

Patient reports taking Zoloft last year and has not taken it x 1 year. She took it x 2 months.

Patient reports a history of taking OCPs x 2-3 years but has not taken OCPs in 3 years.

Patient reports taking celebrex and vioxx around age 13 but both medications were recalled.

Patient had blood work done x 2 months ago but did not get the results. Doctor told her everything was fine and suggested that she loose weight. Patient reports being referred to a rheumatologist.

Patient reports eating a primarily vegan diet.

Patient reports excessive facial hair that she pulls out with tweezers every 1-2 days, some excess fat on the back of her neck, weight gain.

PMSFH: JRA, mono x 3, PCOS, irregular periods, PMDD
2 glasses of wine per week. Denies drug and tobacco use.
Single, does not live alone.

Mother with hx of depression, anxiety, seizure disorder--deceased at age 42
Father--hx of heart problems; bypass surgery around age 30s
Maternal grandmother with hx of anxiety and depression.
Brother with hx with epilepsy, schizophrenic, manic-depression

ROS: See HPI

Allergies: Benzoin

Medication hx: Vitamin D

Physical Exam:

GENERAL: Well/Developed/Nourished~ NAD~ Appears Consistent with Age~

HEENT: Normocephalic

EARS: Ears appear normal.

NOSE: Normal

RESPIRATORY: No apparent distress noted.

NEUROLOGIC: No Focal Deficit~

PSYCHIATRIC: Mood and Affect Appropriate~ Alert and Oriented x3~

Assessment:

R53.82 Chronic fatigue

R22.2--Localized swelling, mass and lump, trunk

E28.2--PCOS--H/O

Z87.39--Personal hx of other diseases of the musculoskeletal system and connective tissue--JRA--H/O

Plan:

CBC with diff, CMP, TSH with reflex, B12/folate, cortisol, insulin, HgbA1C, FSH, Vitamin D, ANA, RF, UA--labs TBC on 5/6/2020 @ 0845

Will consider referral to Endocrinology pending lab results.

Follow up in 1 day for lab work.


5/5/2020, 10:51:53 AM