

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/03/26

PATIENT: GRANT, CHRISTIAN **DOB:** 06/02/1992 **Gender:** MALE **MRN:** 5779 **AGE:** 33 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: cough, sore throat, tachycardia, body aches, fatigue, dyspnea since last night

HISTORY OF PRESENT ILLNESS: 33 YO M c/o fever, chills, body aches, sore throat, fatigue and occasional SOB beginning last night, states has actually been "sick" for past month, treated earlier in the month with abx and steroids, had begun to feel mostly well until symptoms began last night.

VITALS: BP: 135/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 113; **Temp:** 99.1; **Resp:** 17; **Ht:** 77 in.; **Wt:** 271.8 lbs.; **BMI:** 32.23; **Pulse Oximetry:** 97%

ALLERGIES: Fish; Milk; Orange - fruit; Pecan nut; doxycycline

PAST MEDICAL HISTORY: asthma

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Never smoked tobacco 0 packs per day for 0 years (0 Pack Years). Counseled for nutrition. Counseled for physical activity.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

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STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

COVID Rapid Testing:

Value: Negative

ASSESSMENT:

R68.89 - OTHER GENERAL SYMPTOMS AND SIGNS (PRIMARY)

R50.9 - FEVER, UNSPECIFIED

PLAN:

Xofluza 80 mg tablet

Refills: 0 Qty: 1 TABLET(S)

Instructions: TAKE 1 TABLET (80 MG) BY ORAL ROUTE ONCE

Zithromax Z-Pak 250 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Will treat presumptively as pt is symptomatic, advised to repeat flu/covid testing tomorrow due to possible false early negative, pt has home kit.

Electronically signed by Breana Till, CRNP on 02/03/26 1:46 PM

