

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 05/03/18

PATIENT: BROWN, CARLISSA **DOB:** 01/14/1992 **Gender:** FEMALE **MRN:** 577 **AGE:** 26 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Pt here for Physical for School of Nursing.
Symptoms: Denies any past medical history of illness.

VITALS: BP: 113/73 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 82; **Temp:** 98.6; **Ht:** 64.9 in.; **Wt:** 156.5 lbs.; **BMI:** 26.12

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: UTI, irregular cycles--due to OCPs and breastfeeding; Eczema; abnormal Pap smear but no cancer after colposcopy

PAST SURGICAL HISTORY: Wisdom teeth extraction.

SOCIAL HISTORY: Does not use tobacco; Does not use recreational drugs; Consumes alcohol. Frequency--none in the past year since breastfeeding

FAMILY HISTORY: Patient has no known family history.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white. Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

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NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy. No thyromegaly;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness.

DERMATOLOGIC: Temperature: warm dry; normal turgor, no jaundice, no signs of infection, no rash or lesions noted.

LYMPHATIC: No adenopathy.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

UA (1 unit(s)): In-House Lab

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: Clear

Color: Yellow

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.020

Blood: Negative

pH: 6

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Negative

GC AND CHLAMYDIA COLLECTION:

Urine collected for GC and chlamydia.

ASSESSMENT:

Z00.00 - ENCNT FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)

R76.11 - Nonspecific reaction to tuberculin skin test without active tuberculosis

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PLAN:

Chest X-ray at EMIC

RTC for health care needs or concerns.

Electronically signed by Melodye Harvey, CRNP on 05/03/18 2:22 PM