

Auburn University Montgomery
P.O. Box 244023
Montgomery AL 36124
Phone (334) 244-3658F
ANNUAL HEALTH ASSESSMENT

Health assessment must be recorded on this form.

Name Carlissa Brown Birth date 01-14-1992

Weight 156.5 Height 64.9 Allergies NKMA

Temp 98.6 Pulse 81 Resp BP 113 / 73

Significant Medical History: UTI, irregular cycles-due to OCPs and breast feeding; Eczema; abnormal Pap smears but no cancer after colonoscopy.
Medications: No known medications

Skin:

Eyes: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss
Vision: Right Left Corrected: Right Left

Ears: Ears appear normal, TM's intact reflect NL. External auditory canal ear. Hearing: Normal

Nose: Normal-septum without deviation

Throat: Throat is clear, no tonsillar hypertrophy, and no exudates

Lungs: CRt; no rhonci wheeze or rales, breathes symmetric; no chest wall tenderness

Heart: HRR- no extra heartbeats; no murmur

Abdomen: Negative

Musculo-Skeletal: All negative for extremity pain, trouble w/ ambulation, joint pain, varicose veins

Neurological: All negative for headaches, difficulty w/ vision, numbness in hands & feet, hot flashes, night sweats.

NOTE: Students must possess the functional ability to perform the skills and demonstrate the behaviors required of a professional nurse. These abilities include but are not limited to (a) adequate vision, such as that required to observe changes in physical conditions, to read small print on labels and reports, and to discern subtle changes in color; (b) adequate hearing, such as that required to distinguish muted sounds through a stethoscope; (c) fine motor skills and manual dexterity, such as required to handle small, delicate equipment; (d) strength to turn and assist with lifting adults, and to lift and carry children; (e) the mobility to perform skills and respond quickly in emergency situations; (f) the ability to communicate and interact effectively with others, verbally and in writing; and (g) the ability to detect odors.

***Are there any conditions, concerns, or treatments that may affect the ability of this student to meet these program requirements? () YES (☒) NO

Health Care Provider's Name (Print): MELODY M HARVEY

Address: PO Box 244023

City, State, Zip Code: Montgomery AL 36124

Phone: (334) 244-3281

5/3/18

Date of Exam

M Harvey
Health Care Provider's Signature

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 05/03/18

PATIENT: BROWN, CARLISSA **DOB:** 01/14/1992 **Gender:** FEMALE **MRN:** 577 **AGE:** 26 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Pt here for Physical for School of Nursing.
Symptoms: Denies any past medical history of illness.

VITALS: BP: 113/73 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 82; **Temp:** 98.6; **Ht:** 64.9 in.; **Wt:** 156.5 lbs.; **BMI:** 26.12

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: UTI, irregular cycles--due to OCPs and breastfeeding; Eczema; abnormal Pap smear but no cancer after colposcopy

PAST SURGICAL HISTORY: Wisdom teeth extraction.

SOCIAL HISTORY: Does not use tobacco; Does not use recreational drugs; Consumes alcohol. Frequency--none in the past year since breastfeeding

FAMILY HISTORY: Patient has no known family history.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

HEENT: All negative for cough, runny nose, congestion, sinus pain, earache, sore throat, bleeding gums, dysphagia, hearing loss, hoarseness, nose bleeds, tinnitus, & rhinorrhea.

All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

MUSCULOSKELETAL: All negative for extremity pain, trouble with ambulation, joint pain and varicose veins.

NEUROLOGIC: All negative for headache, difficulty with vision, numbness in hands and feet, hot flashes, and night sweats.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white. Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

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NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy. No thyromegaly;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

MUSCULOSKELETAL: Pulses equal and bilaterally symmetric; No clubbing, cyanosis, or edema; No CVA tenderness.

DERMATOLOGIC: Temperature: warm dry; normal turgor, no jaundice, no signs of infection, no rash or lesions noted.

LYMPHATIC: No adenopathy.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

UA (1 unit(s)): In-House Lab

GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: Clear

Color: Yellow

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.020

Blood: Negative

pH: 6

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Negative

GC AND CHLAMYDIA COLLECTION:

Urine collected for GC and chlamydia.

ASSESSMENT:

Z00.00 - ENC NTR FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)

R76.11 - Nonspecific reaction to tuberculin skin test without active tuberculosis

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PLAN:

Chest X-ray at EMIC

RTC for health care needs or concerns.

Electronically signed by Melodye Harvey, CRNP on 05/03/18 2:22 PM