

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/02/24

PATIENT: MURRAY, ONISHA **DOB:** 06/20/1993 **Gender:** FEMALE **MRN:** 5788 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tiger follow up due to elevated BP and elevated glucose

HISTORY OF PRESENT ILLNESS: Ms. Murray is a 31 yo female here today for a Healthy Tigers follow up. Her BP and glucose were noted to be elevated. She has a known history of T2DM, HTN, and Hyperlipidemia. She is followed by Jackson Endocrinology for her diabetes. She is noncompliant with her meds. She states the only medication she has right now is Soliqua and she takes it every now and then. Her next appt is at the end of January.

She also states that she use to be on meds for HTN, but she does not remember what she was on in the past.

VITALS: BP: 177/113 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 99; **Temp:** 96.5; **Resp:** 16; **Ht:** 69.5 in.; **Wt:** 266.1 lbs.; **BMI:** 38.73; **Pulse Oximetry:** 99%; **FDLMP:** 11/25/24

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Soliqua 100/33 100 unit-33 mcg/mL subcutaneous insulin pen

PAST MEDICAL HISTORY: T2DM, HTN, HLD, PCOS, irregular menses, medication noncompliance.

PAST SURGICAL HISTORY: tonsils and adenoids.

SOCIAL HISTORY: Works on campus in the library tower. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
EKG (1 unit(s)): Office Procedure
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

ASSESSMENT:

E11.65 - Type 2 diabetes mellitus with hyperglycemia (PRIMARY).
I10 - Essential (primary) hypertension.
E78.5 - Hyperlipidemia, unspecified.
Z91.148 - Patient's other noncompliance with medication regimen for other reason.

PLAN:

EKG- NSR at 97 bpm with no ischemic changes. Start losartan for HTN. Follow up with labs. Recommended she find a PCP in the area for additional refills. We discussed the risks and benefits of medication compliance to include kidney disease, heart attacks, strokes, and loss of limbs. She will need to call her endocrinologist for refills of her diabetes medications. She verbalized understanding. Follow up as needed.

losartan 50 mg tablet

Refills: 1 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (50 MG) BY ORAL ROUTE ONCE DAILY

Electronically signed by Lindsey Barton, CRNP on 12/02/24 10:29 AM

L. Barton, DNP, CRNP